

# SWEETWATER PROGRAM REPORT

## CERTIFIED NURSING ASSISTANT (CNA) TRAINING

APRIL–JUNE 2016

# Climb

W Y O M I N G



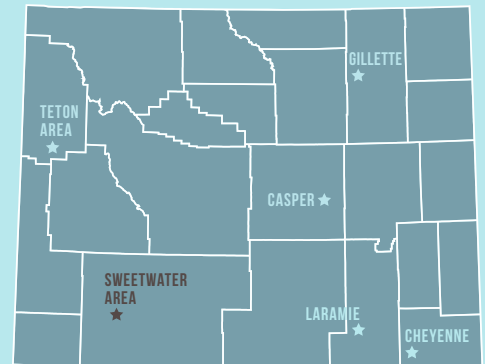
### ABOVE AND BEYOND

“We had 100% of the participants in this program graduate, a testament to the resilience and perseverance of this group of women. Not a single participant missed a day of CNA training, which was a rigorous 99-hour program that exceeded federal requirements. The women often had 8-10 chapters to read each night. Their hard work paid off—all who took the state-administered CNA test passed on the first try. Many are currently earning \$11-\$13 an hour with full benefits and opportunities to advance.”

— **Brittany Gray, Sweetwater Program Director**

**“I am becoming a person who is a Power Mom that is confident, independent, and can overcome anything!”**

— **Carrie, Program Participant**



### PARTICIPANTS SERVED:

11 Moms

19 Kids

### TRAINING DESCRIPTION:

Included 99 hours of CNA training in partnership with **Mission at Castle Rock Rehabilitation Center**. Classes covered taking vital signs, perineal care, bathing, feeding, lifting, range of motion, special care, infection control and promoting safety.

### LIFE SKILLS CLASSES COMPLETED:

Parenting  
Communication Skills  
Conflict Resolution  
Nutrition  
Budgeting/Finances  
Self-care/Fitness  
Workplace Safety

### CURRENT/POTENTIAL EMPLOYERS:

Mission of Castle Rock  
Rehabilitation Center  
Sage View Care Center  
Life Skills  
Aspen Mountain Medical Center

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