

CASPER PROGRAM REPORT

CERTIFIED NURSING ASSISTANT (CNA) TRAINING

JUNE–AUGUST 2016

Climb

W Y O M I N G



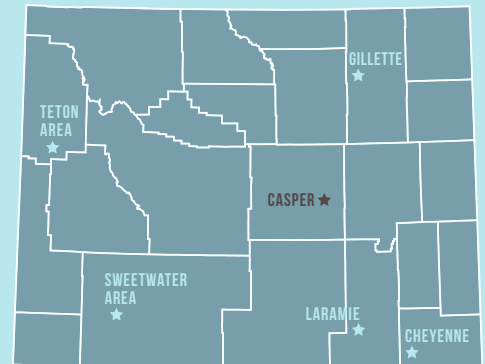
EMOTIONAL BREAKTHROUGHS

“We saw a lot of emotional growth in this program. One mom experienced a real breakthrough in taking feedback and listening more openly to the group. Another participant said in the beginning that she wasn’t able to share any emotions and always had to put on a brave face for her kids so they wouldn’t worry. She was able to release these emotions and no longer feels numb. They all made powerful decisions to not allow guilt, unworthiness or other past feelings in their lives anymore.”

— **Lesha Thorvaldson, Casper Program Director**

“Climb gave me the emotional support to make much needed changes in my life for me and my kids. My daughter said, ‘we are getting our mom back, the mom we used to know.’”

— **Gigi, Program Participant**



PARTICIPANTS SERVED:

9 Moms

17 Kids

TRAINING DESCRIPTION:

Included 90 hours of CNA training in working with the elderly, vital signs, bathing, feeding, lifting, range of motion, special care, infection control and promoting safety on the job.

LIFE SKILLS CLASSES COMPLETED:

Parenting
Communication Skills
Conflict Resolution
Nutrition
Budgeting/Finances
Self-care/Fitness
Workplace Safety

CURRENT/POTENTIAL EMPLOYERS:

Poplar Living Center
Shepherd of the Valley
Care Center
Life Care Center of Casper
Wyoming Medical Center
Primrose Retirement Home
Interim Home Healthcare

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