CHEYENNE PROGRAM REPORT

CERTIFIED NURSING ASSISTANT (CNA) TRAINING
MARCH–JUNE 2017

TRAINING DESCRIPTION:
Included 120 hours of CNA training with classes in taking vital signs, perineal care, bathing, feeding, lifting, range of motion, special care, infection control and promoting safety.

LIFE SKILLS CLASSES COMPLETED:
- Parenting
- Communication Skills
- Conflict Resolution
- Nutrition
- Budgeting/Finances
- Self-care
- Workplace Safety

EMPLOYERS:
- Cheyenne Healthcare
- Cheyenne Regional Medical Center
- Continue Care Home Health
- Granite Rehabilitation

PARTICIPANTS SERVED:
- 12 Moms
- 20 Kids

RESILIENCE PAYS OFF

“The first word that comes to mind for these women is resilience. With an average wage of $13/hour and paid benefits, they can now successfully support their families and have an opportunity for career growth in the nursing field. They all bring a diverse set of skills to their employers and a common passion for providing care to others. Their hard work and resilience got them to where they are today. They are licensed, working and excited to be health care professionals in our community.”

— Molly Kruger, Cheyenne Program Director

“I’m starting work at my dream job and am going to continue my career to one day become an RN. I’m blessed to have been chosen for the program to better not only my life but my son’s as well.”

— Kelly, Program Participant