

SWEETWATER PROGRAM REPORT

CERTIFIED NURSING ASSISTANT (CNA) TRAINING

SEPTEMBER–NOVEMBER 2017

Climb

W Y O M I N G



A NEW PATH FORWARD

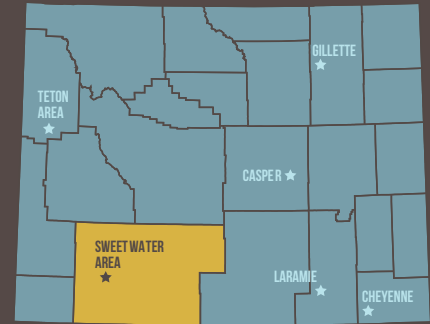
“There were certain words we heard again and again from moms at the end of this program, especially *strong, independent and empowered*. They learned that they really do have choices in life and can take back control over their futures.

“I am becoming a strong-willed, independent mother and person: the best version of myself!”

— Alexis, Program Participant

This realization was especially powerful for participants who had grown up in poverty and felt absolutely determined to create a different situation for their own children. They said the past won't impact how their families move forward. And once they were able to see that path in the form of a new career, they were on it. Some are already looking toward advances in the medical field, such as becoming registered nurses or paramedics.”

— Brittany Gray, Sweetwater Program Director



10 MOMS & 17 CHILDREN
served in the program



TRAINING DESCRIPTION:

99 hours in partnership with Mission at Castle Rock. Classes covered taking vital signs, perineal care, bathing, feeding, lifting, range of motion, special care, infection control and promoting safety.

LIFE SKILLS CLASSES:

Parenting
Communication Skills
Conflict Resolution
Nutrition/ Self-care
Budgeting/Finances
Workplace Safety



EMPLOYER PARTNERS:

Aspen Mountain Medical
Cowboy Cares Home Health
Deer Trail Assisted Living
Sage View Care Center

— Restoring Hope for Generations