“Like so many families living in poverty, the women in this group were juggling a lot when they started the Climb program. Despite life’s challenges, they leaned in and were ready every day to grow and learn. Their resilience was inspiring to see.

“I am becoming a person who is embracing new things and learning to slow down. I am empowered, changed...a better me.”
— Mallory, Program Participant

These moms really gained from using the parenting and mindfulness tools they learned. They strengthened a lot of their executive functioning skills like planning and decision making, and this growth is already having a great impact on their families and employers. Overall, they trusted each other and now trust themselves to find success in life.”
— Martha Doyle, Laramie Program Director
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Kayla is dressed and ready for her mock interviews, a chance to practice and prepare for the real thing. This group of graduates are filling positions in a variety of professional office settings. Mallory shares a kiss with her daughter during the program’s orientation week.

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